

Maternal and Child Program

### You have Rh negative blood

and you need an injection for the health of you and your baby.

# What do I need to do to get my WinRho® injection?

You must have a blood test within the 2 weeks before your injection is due. We cannot give you WinRho® without the hospital first checking your blood.

 Please call the Maternal and Child Program's Prenatal Clinic to book an appointment for your blood work and WinRho® injection:

(416) 242-1000 ext. 21450

2.	Write	your	appointment	times	here
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My appointment for <u>blood work</u> is on:						
Date:						
Time:						
My appointment for my <u>injection</u> is on:						
My appointment for my <u>injection</u> is on:						
My appointment for my <u>injection</u> is on:  Date:						

#### Where do I go for my appointments?

All patients delivering at HRH will go to the Prenatal clinic at the Wilson site. Take the central elevators to the 4th floor.

#### 1235 WILSON AVE., TORONTO, ONT. M3M 0B2

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#### What is the Rh factor in blood?

When you go to your doctor for prenatal care, your doctor will check your blood group and type.

There are **4 blood groups**: A, B, O and AB

There are **2 blood types**: Rh positive and

Rh negative

All four groups and both Rh types are normal.

#### What is Rh incompatibility?

When the mother's blood type is negative and the father's is positive, there are chances of "Rh negative incompatibility". The mother's fighting cells (antibodies) recognize the baby's red blood cells as foreign and start breaking them down.

Depending on how severe the condition is, the baby might have mild jaundice (yellowness) or might be very weak and anemic. The condition can be life-threatening to the baby.

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Your doctor will follow your pregnancy carefully and order Rh Immune Globulin (WinRho®) for you, to decrease the risk. WinRho® contains ready-made fighting cells to decrease the chances of getting this condition.

#### How do I get WinRho®?

We give you WinRho® by a needle into your hip muscle.

#### How does WinRho® work?

WinRho® tries to stop your body from interacting with any of your baby's blood cells that may get into your system. If antibodies do not form, the Rh incompatibility problems do not happen.

Usually, your first baby is not affected, but your future pregnancies with Rh positive babies could have problems. Once you form antibodies, you may have them permanently. The effects are usually worse with each future baby. You will have no symptoms.

## Will I have any side effects from WinRho®?

- WinRho® is made from human blood. There
  is a risk of exposure to blood borne diseases.
  However, there has not been a reported case of
  disease transmission caused by this product in
  Canada.
- WinRho® has no known effects on the pregnancy or baby. It does not cause any problem with breast feeding.
- You may have some soreness at the injection site.
   You may also feel a bit warm. It is very rare to have any other kind of reaction.

Tell your doctor if you have ever had any unusual reaction to a human immune globulin or thimerosal (a preservative used in medicines).

1

If you have any questions or concerns about your WinRho® injection, please speak with your doctor or the clinic nurse.

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