Is there a cost for these services?
There is no cost for this service. Humber River Health and OHIP pay for the services we provide.

How do I become a client?
To become a client, you can:

• Refer yourself or have a doctor, health care professional or family member refer you:
  1. Fill out the referral form available online at: www.rgptoronto.ca/services
  2. Fax the form to: (416) 242-1108

OR

• Call the Geriatric Outreach Team at:
  Tel: (416) 242-1000 ext. 21817 or ext. 21818

The Regional Geriatric Program of Toronto (RGP), in collaboration with North York General Hospital, has been instrumental in implementing and developing this Outreach Program.

RGP
REGIONAL GERIATRIC PROGRAM OF TORONTO
About Us
Humber River Health’s Geriatric Outreach Team works together with the Regional Geriatric Program to meet the needs of the most frail and vulnerable seniors. We perform in-home assessments of age-related issues and offer solutions to help seniors maximize their health, independence and quality of life.

Team Members
Our interdisciplinary team includes:
- Geriatrician
- Nurse Clinician
- Occupational Therapist
- Social Worker
All of our team members are skilled in geriatrics and senior-friendly care.

In-Home Assessments
One of our team members* will visit you at your home and complete an assessment based on the issues that you are experiencing. This will help us to better understand your overall health and level of function.

* Please note: Our geriatrician does not do home visits.

Some issues we address are:
- Home safety
- Trouble managing day-to-day activities
- Multiple medical problems
- Frequent falls or problems walking
- Memory changes
- Changes in mood
- Lack of social supports
- Trouble handling your medicines

At the end of the visit, we will share our recommendations with you. This may include linking you to community partners, doctors, specialists, or other senior or health services.

Is this for me?
Our services are for clients who:
- Are 65 years of age or older
- Have a valid Ontario health Insurance Plan (OHIP) card
- Live within the Humber River Health catchment area (see map on back).

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