

After your Stereotactic Biopsy

SIGNS AND SYMPTOMS

After a stereotactic biopsy, it is normal to have:

- Some minor discomfort and tenderness that is similar to a bad bruise. Any bruising should clear in 5 to 7 days.

 **Contact your doctor or go to the nearest Emergency Department right away if you notice the following signs of infection:**

- A fever of 38.5°C (101.3°F) or higher
- Redness, swelling, or discharge from the biopsy site.

MEDICINES

- Your doctor will let you know when it is safe to re-start taking any medicine that you stopped.

APPOINTMENTS

- The clinic will call you if the radiologist recommends that you need other tests. If you have any questions, please speak to your referring doctor.

RESULTS

- Your referring doctor will receive the results of your test in about 7 to 10 days.

TALK WITH ME (ABOUT MY CARE)

ACTIVITY:

- You may resume regular work/activity when you are comfortable.

PAIN AND SWELLING:

- Apply ice to your breast for swelling and bruising.
- For the first 24 hours, wear a bra (including at night) and do not do any vigorous activity.
- You may use acetaminophen (Tylenol®) for discomfort.

BIOPSY SITE:

- For the first 24 hours, keep the site clean and dry. Do not shower.
- After 24 hours:
 - » You may remove the gauze dressing.
 - » Keep the steri-strips (tape) on. They will fall off on their own, or you can remove them after 5 days.
 - » You may shower. Gently pat dry.
- For the first 5 days, do not submerge your wound in water (do not swim, bathe, or use a hot tub).