



Patient Care Reinvented.

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Stroke Prevention Clinic

Your doctor has referred you to the Stroke Prevention Clinic at Humber River Hospital. At the clinic, you will go through different tests to check for any possible causes of a stroke.

What laboratory or diagnostic tests will I have?

Test	Why am I having the test?
Blood work	We will take blood samples to test your cholesterol levels and blood sugar levels.
Carotid Doppler	We will take an ultrasound of the major arteries in your neck that supply your brain with oxygen. This test will find any blockages in these vessels that would reduce oxygen-rich blood flow to your brain.
Echocardiogram	We will take an ultrasound of your heart. This test checks your heart's size, how it pumps blood, and for any blood clots that may be present.
48-Hour Holter Monitor	We will ask you to wear this monitor for 48 hours, while you do your normal daily routine, including activities at home and at work. This test checks for any abnormal heart beats that could create blood clots inside your heart.

My Appointments

Test/Visit	Appointment Date and Time	If you did not receive an appointment, please call (416) 242-1000:
Blood work	Date: _____ Time: _____	
Carotid Doppler	Date: _____ Time: _____	Ext. 63311
Echocardiogram	Date: _____ Time: _____	Ext. 47141
48-Hour Holter Monitor	Date: _____ Time: _____	Ext. 47141
2nd Clinic Visit (with nurse practitioner and neurologist)	Date: _____ Time: _____	Ext. 23400 Please note: we will book this visit after ALL your test results are back.

Are you interested in a FREE exercise program? Yes No

If yes, please ask the staff at the clinic how you can be referred to a cardiovascular rehabilitation exercise program.

English: This information is important! If you have trouble reading this, ask someone to help you.

Italian: Queste informazioni sono importanti! Se ha difficoltà a leggere questo, chiedi aiuto a qualcuno.

Spanish: ¡Esta información es importante! Si tiene dificultad en leer esto, pida que alguien le ayude.

Where do I go?

Stroke Prevention Clinic

Humber River Hospital

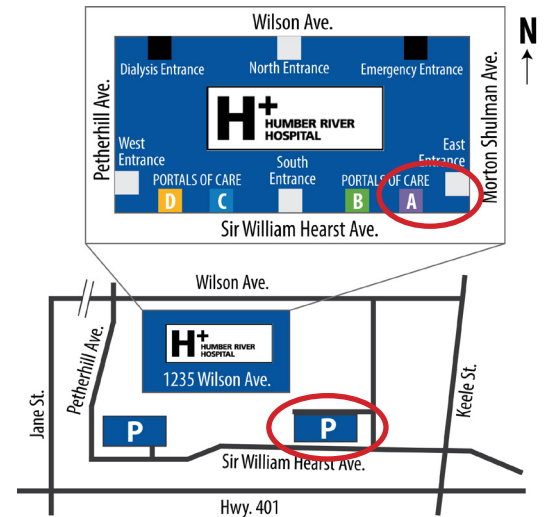
4th floor, Medical Surgical Clinics

1235 Wilson Ave., ON M3M 0B2

Closest parking is the East Parking Garage. Enter the hospital through the East Entrance or Portal A. Take the east outpatient elevators to the 4th floor and register at the Registration Desk.

What do I bring?

- Your health card (OHIP). If you have a red and white OHIP card, please bring photo ID as well.
- An up-to-date list of **all** the medicines you are currently taking, including over-the-counter medicines, herbals and supplements.
- If you have known allergies, please wear your Medic Alert® bracelet while in the hospital.



Stroke is a medical emergency. Learn the signs. Acting quickly can improve your survival and recovery. Do not drive to the hospital. An ambulance will get you to the best hospital for stroke care.



Call 9-1-1 right away if you experience any of signs:

FACE - is it drooping?

ARMS - can you raise both?

SPEECH - is it slurred or jumbled?

TIME to call 9-1-1 right away.

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