



**Diabetes Education Centre  
Referral Form**

1235 Wilson Avenue  
4<sup>th</sup> floor Medical/Surgical Clinics  
Toronto, Ontario M3M 0B2  
Telephone: (416) 242-1000 ext. 23400 | Fax: (416) 242-1094

**To be completed by referring physician**

|                      |   |                                  |
|----------------------|---|----------------------------------|
| <b>Patient Name:</b> | <b>Gender:</b> <input type="checkbox"/> Male<br><input type="checkbox"/> Female | <b>Date of Birth (dd/mm/yy):</b> |
|----------------------|---|----------------------------------|

|                 |              |                     |
|-----------------|--------------|---------------------|
| <b>Address:</b> | <b>City:</b> | <b>Postal Code:</b> |
|-----------------|--------------|---------------------|

|                    |                    |  |
|--------------------|--------------------|--|
| <b>Home Phone:</b> | <b>Work Phone:</b> | <b>Ontario Health Card &amp; Version Code:</b> |
|--------------------|--------------------|--|

**English Speaking?**  Yes  No    **List Language Preference:** \_\_\_\_\_

**Diagnosis/Treatment:**

Type 1 Diabetes                       Type 2/Diet                       Type 2/Antihyperglycemic agent(s)  
 Type 2/Antihyperglycemic agent(s) & Insulin     Type 2/Insulin only             Type 2 with Pregnancy  
 Gestational Diabetes                       Pre-Diabetes                       Other

**Dietary or Exercise Restrictions:** \_\_\_\_\_

|                                  |             |                      |
|----------------------------------|-------------|----------------------|
| Oral Antihyperglycemic Agent(s): | Insulin(s): | Other Medication(s): |
|----------------------------------|-------------|----------------------|

**Significant Medical History:**

Hypertension                               Nephropathy                       Other/comments:  
 Cardiovascular Disease                       Neuropathy  
 Retinopathy                                       ~~young-onset diabetes~~

**Recent Lab Data (Please fax results)**

|               | Fasting Glucose | Random Glucose | HbA1C | TC/HDL ratio | LDL | eGFR | ACR | Triglycerides | Other |
|---------------|-----------------|----------------|-------|--------------|-----|------|-----|---------------|-------|
| Date of Test: |                 |                |       |              |     |      |     |               |       |

**New Insulin and/or Oral Agent(s):** \_\_\_\_\_

**Other:** \_\_\_\_\_

All self-management education provided at the Diabetes Education Centre is based on the 2013 Canadian Diabetes Association Clinical Practice Guidelines for the management of diabetes.

Physician Signature:

Date:

Physician Name (Please Print):

Phone #: