

The Cardiology Medicine Unit

The inpatient cardiology medicine unit cares for patients with acute or chronic conditions, such as heart attacks, congestive heart failure, arrhythmias, or other medical conditions.

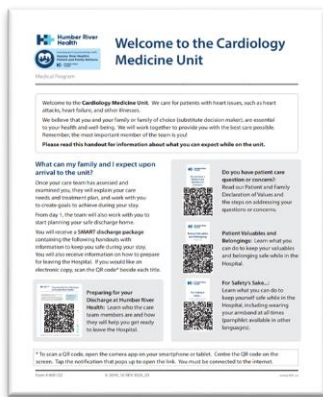
On the unit, a team of healthcare professionals, nurses, pharmacists, and therapists, work together to provide patients with comprehensive care.

Patient Education Resources to Help You

Patient education is a crucial component of care, especially in our unit. We provide these resources to empower you with knowledge about your condition. These resources can also guide you in making adjustments to your lifestyle and caring for yourself.

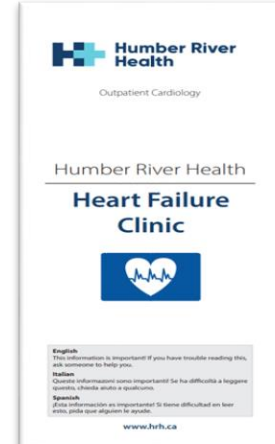
We provide patient education in various formats, including printed handouts, digital tools, and interactive sessions with healthcare providers. We have designed them to be accessible and easy to understand. The aim of these resources is to enhance your knowledge, skills, and confidence in managing your own health and care, both during your hospital stay and after discharge.

About the Unit



https://www.hrh.ca/patient-education/005122_Welcome%20to%20Cardiology.pdf

Heart Failure Resources



https://www.hrh.ca/patient-education/000328_Heart%20Failure.pdf

https://www.heartandstroke.ca/-/media/pdf-files/canada/health-failure/hs_heartfailure_zones_en.ashx

https://www.hrh.ca/patient-education/002093_Fluid%20Balance%20Sheet.pdf

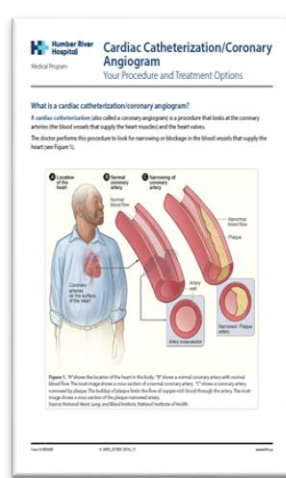
https://www.hrh.ca/patient-education/005005_Heart%20Failure%20Clinic.pdf

Managing your Heart Failure

(Insert CHF PowerPoint)

<https://www.youtube.com/embed/FQpZvF5No1s>

Heart Attack Resources



https://www.hrh.ca/patient-education/002018_After%20your%20heart%20attack.pdf

https://www.hrh.ca/patient-education/002016_Cardiac%20Rehab%20Programs.pdf

https://www.hrh.ca/patient-education/000648_Cardiac%20Cath%20Angiogram.pdf

https://www.hrh.ca/patient-education/000137_Healthy%20Eating%20and%20You.pdf

Device Implantation Resources

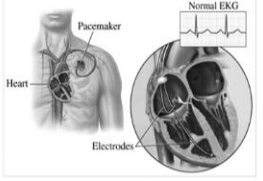
H+
Humber River
Health
Patient Care Reinvented.
www.hrh.ca

Medical Program
Your Pacemaker and You

Why do I need a pacemaker?
Your heart is beating too slowly or is beating irregularly. When this happens, you may feel:
Tired all the time
You cannot do vigorous activities
Dizzy or faint
Confused or weak
Your doctor will discuss the cause of your slow or regular heartbeat with you.

How do I prepare for my procedure?
A few days before your procedure:
• Ask your doctor what medicines you should or should not take before the procedure.
• Arrange for someone to drive you home after the procedure. You will not be able to drive yourself.
The night before your procedure:
• If your procedure is in the morning, do not eat or drink after midnight before the procedure. Otherwise, do not eat or drink anything at least 6 hours before your procedure.

Note: Do not prepare for hysterectomy if you are pregnant.



English: This information is approved if you have
French: Cette information est approuvée si vous avez
Spanish: Esta información es aprobada si tiene

H+
Humber River
Health
Medical Program

Implantable Cardioverter-Defibrillators (ICD) Insertion Discharge Instructions

We have inserted an implantable cardioverter-defibrillator (ICD) in your heart. Your doctor will discuss the cause of your slow or irregular heart beat with you. For detailed information, please refer to the handbook, "Implantable Cardioverter-Defibrillator (ICD)".

You must have a responsible adult drive you home. You will not be able to drive yourself home.

SIGNS AND SYMPTOMS
After your procedure, it is normal for the area around the wound (the incision site where we inserted your ICD) to have:
• Pain and discomfort
• Bruising
• Swelling
• Tenderness.
These symptoms will resolve within 1 to 2 weeks. Your doctor will prescribe pain medicine if you need it.

Go to the nearest Emergency Department or call 9-1-1, if you:
• Feel lightheaded or dizzy
• Feel like you are going to faint, or
• Have chest pain.

Check the wound every day for signs of infection.
• An increase in draining, swelling, redness and warmth around the wound.
• Drainage (pus) coming out of the wound
• A fever at or above 38.3°C (101.3°F).
If you notice any of these signs, contact the Cardiac Device Clinic at (416) 242-1000 ext. 47137.

MEDICINES
If you have any questions about your medicines, please speak with your doctor, nurse or pharmacist before you leave the Hospital. Take your medicines as your doctor prescribed.
• **EXCEPTION:** If you take blood thinners such as ASA (Aspirin), clopidogrel (Plavix®), warfarin (Coumadin®), rivaroxaban (Xarelto®), apixaban (Eliquis®), dabigatran (Pradaxa®), edoxaban (Santaro®), your doctor will speak with you before you leave the Hospital to let you know when you can restart them.

Continued on back of page. Please turn over.

<https://www.hrh.ca/patient-education/000640>Your%20Pacemaker%20and%20You.pdf>

https://www.hrh.ca/patient-education/005075_Pacemaker%20Insertion_discharge%20instructions.pdf

All Cardiology Program Handouts

