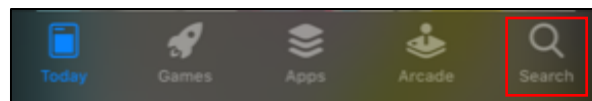


Step 1: Download Microsoft Teams

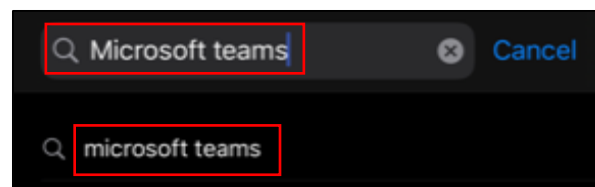
1. Go to the App Store.



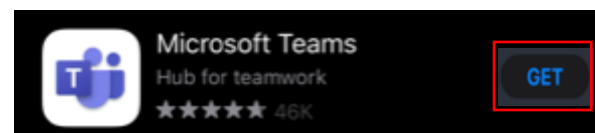
2. In the bottom right hand corner, press **Search**.



3. Type in the Search field, “**Microsoft Teams.**”
4. Press Microsoft teams in the search results below.



5. Click on **Get**.



6. Enter username and password or use any authentication required (FACE ID, Fingerprint).
7. The **Microsoft Teams** application is now installed.
No further action is required. Proceed to Step 2.

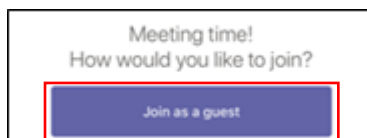
Step 2: Appointment Time

Note: You will be sent an email with a link to join the Microsoft Teams meeting.

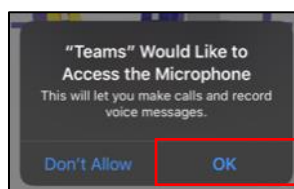
1. Open the email you received from the Humber River Hospital Clinic and click on **Join Microsoft Teams Meeting**.



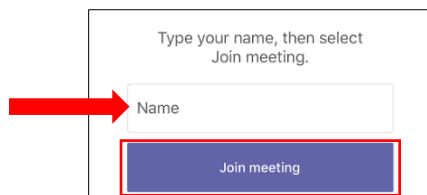
2. The **Microsoft Teams** application will automatically launch.
3. Press **Join as a guest**.



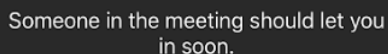
4. Press **OK** to enable your Microphone.



5. Type your **Name** and press **Join meeting**.



6. The organizer will allow you into the meeting. You will see the following message display:



7. Once the organizer has “admitted” you, the meeting will begin.
8. Press on the video camera icon to enable your video.
9. Press **OK** to enable your Camera.

