

Addiction Counselling & Care Coordination

Due to COVID-19, many organizations have changed how they are providing services or may be temporarily closed. Call, or check the service website, for additional information.

RESOURCE	INFORMATION	CONTACT
Access Point	Community referral agency	416-640-1934 www.theaccesspoint.ca
Addiction Services York Region (ASYR)	<p><u>Umbrellas</u>: programming for pregnant women and mothers of young children with substance use concerns living in York Region</p> <p><u>Community Opioid Treatment Program</u>: Psychosocial services and withdrawal/craving medication options including counselling (individual, family, group), aftercare and Opiate Replacement Therapy, case management</p> <p><u>Adult Substance Use Program</u>: intensive support to individuals 25+ who struggle with substance use or dependence issues living or working in York Region</p>	905-841-7007 ext.322 1-800-263-2288
Centre for Addiction and Mental Health (CAMH)	<p><u>Family Addiction Services</u>: supportive counselling for family members concerned about someone's substance use</p> <p><u>Smoking Cessation</u>: STOP delivers smoking cessation treatment and counselling support to people who want to reduce/quit tobacco use</p> <p><i>Nicotine Dependence Clinic</i> uses motivational interviewing and cognitive behavioral frameworks. Offers harm reduction approach, consultations, treatment planning</p> <p><u>Rainbow Services</u>: outpatient, evening groups, individual counselling, assessment and referral for LGBTQ+ people. Some family support available.</p> <p><u>Aboriginal Services</u>: open to First Nations, Metis and Inuit People whose substance use and mental health are of concern. Offers talking circles, group therapy, traditional ceremonies and teaching, first-stage trauma group and limited access to assessments by psychiatrists and occupational therapists. Services has Elder support</p>	416-535-8501 ext. 2 1-800-463-2338 ext. 2

	<p><u>COMPASS</u>: concurrent outpatient medical & psychosocial addiction support service provides clients ages 18+ with holistic assessment and treatment for substance use</p> <p><u>Substance Abuse Program for African Canadian and Caribbean Youth</u>: support and counselling for Black youth and families dealing with substance use. Includes individual therapy, group therapy, early intervention and prevention</p>	
Comprehensive Treatment Clinic (CTC)	<p>Offer Opioid Agonist Therapy and individualized treatment using both medication and behavioural therapy (psychotherapy, CBT, addiction counselling, art groups)</p> <p>Additional support includes harm reduction supplies and free meals as well as access to shelter or housing options, food banks, employment agencies, referral to residential treatment</p>	<p>647-490-4008 info@ctctoronto.com</p>
Humber River Hospital	<p><u>Chemical Dependency Program</u>: offers day program, assessment/referral, addiction counselling, psychiatric consultation</p>	<p>416-242-1000 ext. 43000 or 43170</p>
Northwood Recovery Clinic	<p>Offer access to individual counselling for youth, adults and family members. Call ahead, open referral</p>	<p>647-348-0080</p>
Street Haven at the Crossroads	<p>Community treatment outreach program for individuals who identify as women who have identified substance use goals. This is a community, harm reduction based program</p>	<p>416-960-9430 ext. 327 addictionservices@streethaven.com</p>
St. Michael's Hospital	<p><u>Short-Term Case Management</u>: within catchment area, short-term addiction and mental health counselling and case management, offers day program, assessment/referral</p>	<p>1-855-505-5045 416-530-6141</p>
The Neighbourhood Group Community Services	<p><u>Harm Reduction Case Management</u>: this program offers short term case management includes information and education around harm reduction, substance use, safe use supplies, referrals to programs and group. Average program length 6 months</p>	<p>416-925-2103 ext. 2226 tcatadmin@sschto.ca</p>