

## Diseases That Affect Nutrition

Resources	Information
Cancer	Eating well during and after cancer treatment <a href="https://www.cancer.ca/en/cancer-information/living-with-cancer/feeling-your-best/eating-well/?region=on">https://www.cancer.ca/en/cancer-information/living-with-cancer/feeling-your-best/eating-well/?region=on</a>  <a href="https://www.healthlinkbc.ca/healthy-eating/your-condition/nutrition-people-cancer">https://www.healthlinkbc.ca/healthy-eating/your-condition/nutrition-people-cancer</a>
Celiac Disease	Nutrition information for celiac disease <a href="https://www.celiac.ca/living-gluten-free/diet-nutrition/">https://www.celiac.ca/living-gluten-free/diet-nutrition/</a>
Crohn's Disease and Ulcerative Colitis	Nutrition information for Crohn's disease and ulcerative colitis <a href="https://crohnsandcolitis.ca/About-Crohn-s-Colitis/IBD-Journey/Diet-and-Nutrition-in-IBD">https://crohnsandcolitis.ca/About-Crohn-s-Colitis/IBD-Journey/Diet-and-Nutrition-in-IBD</a>
Diabetes	Nutrition information for prediabetes and type 1, type 2 and gestational diabetes <a href="https://www.diabetes.ca/nutrition---fitness">https://www.diabetes.ca/nutrition---fitness</a>  <a href="https://www.healthlinkbc.ca/healthy-eating/your-condition/diabetes-and-hypoglycemia">https://www.healthlinkbc.ca/healthy-eating/your-condition/diabetes-and-hypoglycemia</a>
Food Allergies	Information on food allergies and intolerances <a href="https://www.unlockfood.ca/en/Articles/Allergies-and-Intolerances.aspx">https://www.unlockfood.ca/en/Articles/Allergies-and-Intolerances.aspx</a>
Heart & Stroke	Nutrition information for preventing and living with heart disease <a href="https://www.heartandstroke.ca/healthy-living/healthy-eating">https://www.heartandstroke.ca/healthy-living/healthy-eating</a>  <a href="https://www.unlockfood.ca/en/Articles/Heart-Health/">https://www.unlockfood.ca/en/Articles/Heart-Health/</a>
Osteoporosis	Preventing osteoporosis through nutrition <a href="https://osteoporosis.ca/bone-health-osteoporosis/nutrition/">https://osteoporosis.ca/bone-health-osteoporosis/nutrition/</a>  <a href="https://www.unlockfood.ca/en/Articles/Bone-Health/Lower-Your-Risk-of-Osteoporosis.aspx">https://www.unlockfood.ca/en/Articles/Bone-Health/Lower-Your-Risk-of-Osteoporosis.aspx</a>

This brief guide is intended to provide health information. It does not imply recommendation of any treatment and should not be substituted for the advice of a health care provider.