

# Employment Support

Due to COVID-19, many organizations have changed how they are providing services or may be temporarily closed. Call, or check the service website, for additional information.

RESOURCE	INFORMATION	PHONE
CMHA Toronto	<a href="http://www.toronto.cmha.ca/employment-services">www.toronto.cmha.ca/employment-services</a> Provides employment services for individuals 16+ and experiencing mental health challenges, individuals who are ready and motivated to enter the workforce, residents seeking employment in City of Toronto.	416-789-7957 ext.3156
Corbrook	<a href="http://www.corbrook.com/learning-opportunities/employment-programs/">www.corbrook.com/learning-opportunities/employment-programs/</a> Employment services for people who have a disability. Services focus on helping you prepare for work, find the right job for you and provide ongoing support.	416-358-8543
COSTI	<a href="http://www.costi.org/programs/employment.php">www.costi.org/programs/employment.php</a> Provide career assessment and planning services, employer services, employment programs for newcomers and internationally trained individuals, online services and youth employment	416-789-7925
Fred Victor	<a href="http://www.fredvictor.org/what-we-do/income/employment-and-training">www.fredvictor.org/what-we-do/income/employment-and-training</a> Provides one-on-one support for people seeking meaningful and sustainable employment	416-364-8986
JVS Toronto	<a href="http://www.jvstoronto.org/find-a-job/employment-source">www.jvstoronto.org/find-a-job/employment-source</a> Provides free, professional career and job support in Toronto and York Region. Workshops include resume building, interview skills, career exploration, LinkedIn workshops.	416-661-3010
Sistering	<a href="http://www.sistering.org/employment-income/">www.sistering.org/employment-income/</a> Provides individualized pre-employment and employment counselling, job search support, resume writing, interview skills, etc.	416-926-9762 ext. 245
St. Stephen's Community House	<a href="http://www.sscto.ca/employment">www.sscto.ca/employment</a> Employment advisors, job placements, training programs, pre-employment workshops	416-925-2103 ext. 2480

<p>Transitional Employment Program</p>	<p><a href="http://www.connexontario.ca/Directory/Program/5378">www.connexontario.ca/Directory/Program/5378</a></p> <p>Employment services for individuals with mental health issues that provide personalized support, facilitate employment opportunities and access to community resources. Model of service is psychosocial rehabilitation</p>	<p>416-693-2116 ext.212</p>
<p>Tropicana Employment Centre</p>	<p><a href="http://www.tropicanaemployment.ca/job-seekers/workshops">www.tropicanaemployment.ca/job-seekers/workshops</a></p> <p>Offers helpful employment and job search related workshops to help youth, internationally trained professionals, students and adults alike prepare to enter the workforce</p>	<p>416-491-7000</p>
<p>Woodgreen Community Services</p>	<p><a href="http://www.woodgreen.org/services/community-programs">www.woodgreen.org/services/community-programs</a></p> <p>Employment support to newcomers and Internationally Trained Professionals through career mentorship, English conversation circles, professional networking and seminars, volunteer and group opportunities</p>	<p>416-645-6000 ext.2343</p>
<p>YWCA Toronto</p>	<p><a href="http://www.ywcatoronto.org/ourprograms/employmentandtraining">www.ywcatoronto.org/ourprograms/employmentandtraining</a></p> <p>Offers a range of free and paid employment and training programs. Each program is designed with the needs of women in mind</p>	<p>416-961-8100</p>

This brief guide is intended to provide health information. It does not imply recommendation of any treatment and should not be substituted for the advice of a health care provider.