

## EMERGENCY FOOD

**TO FIND UP TO DATE INFORMATION ON YOUR NEAREST FOOD BANK**

**CALL 211 OR VISIT [211Toronto.ca](http://211Toronto.ca)**

RESOURCE	ADDRESS	CONTACT INFO	HOURS
<b>FOOD BANKS</b>			
Agincourt Community Food Bank	1911 Kennedy Rd. Unit 105	416-292-6912 ext. 319	Wed, Thurs, Fri: 12:30pm-4pm
Allan Gardens Food Bank	353 College St	416-924-9619	Thurs & Fri: 12:30-3pm
Avenue Road Food Bank	240 Avenue Rd.	416-922-4371	Tues: 2pm-6pm
Bethany Baptist Church Food Bank	1041 Pape Ave	416-425-9472	Thurs: 1:15pm-2pm
Churches on the Hill Food Bank	230 St. Clair Ave W	416-598-4521	Mon: 6-8pm Wed: 10:30am-12:30pm
Daily Bread Food Bank	191 New Toronto St.	416-203-0050 ext. 261 <a href="mailto:info@dailybread.ca">info@dailybread.ca</a> <a href="https://www.dailybread.ca">https://www.dailybread.ca</a>	Mon,Wed,Fri: 1pm-4pm
Food Pantry at Morningside	90 Court Mornelle Basement	647-762-4670	Sat: 2pm-4pm
Fort York Food Bank	380 College St.	416-203-3011	Hamper Service Tues-Sat: 9am-12pm  Hot Meals Sun: 12-2pm
Malvern Food Bank – Wigwamen Waabnong	20 Sewells Rd	647-607-5943	Thurs: 2pm-4:30pm
North York Harvest Food Bank	Multiple Locations	416-635-7771 ext. 0 <a href="mailto:info@northyorkharvest.com">info@northyorkharvest.com</a>	*Phone referral line or email to determine what food banks are open & how to gain access
Oasis Dufferin Community Centre	1219 Dufferin St	416-536-4431	Wed: 9:30am-12:30pm
Our Lady of Lourdes Food Bank	275 Bleeker St.	416-972-0630	Thurs: 6-9pm
Our Saviour Lutheran Church Food Bank	2705 Islington Ave	416-741-2110	Thurs: 2-4pm, 6-8pm
Parkdale Community Food Bank	1499 Queen St. W	416-532-2375	Wed: 11am-3pm Thurs: 11am-3pm Fri: 10:30am-1:30pm Sat: 10:30am-1:30pm (for seniors & any w/disabilities)
Scott Mission	502 Spadina Ave	416-923-8872	Mon, Tues, Thurs, Fri: 9-11:45am; 1-3pm  Wed: 9-11:45am
Staff of Life Food Bank	25 Charles St E	416-922-0628	Sun: 2pm-3:30pm
Salvation Army	77 River St	416-304-1982	Mon & Tues – call to book appointment
St. Bartholomew's Anglican Church	509 Dundas St. E	416-368-9180	Mon & Thurs: 10-11:30am

The Lighthouse	1008 Bathurst St.	416-535-6262	Tues-Wed: 1-3pm <b>*registration starts at 12:30pm</b>
The Stop Food Bank	1884 Davenport Rd.	416-652-2294	Mon & Fri: 12-3pm
Toronto West SDA Church Food Bank	1621 Albion Rd, Lower Level	416-401-0030	Sunday: 2-4pm
Yonge Street Mission	270 Gerrard St. E	416-929-9614 ext. 3200	Tues-Fri: 10am-12pm, 1-3pm <b>*by appointment only</b>

This brief guide is intended to provide health information. It does not imply recommendation of any treatment and should not be substituted for the advice of a health care provider.