

Outreach and Crisis Supports

Resource	Contact
Crisis Lines	
Crisis Outreach Services for Seniors	416-217-2077
Distress Center	416-408-4357
Gerstein Crisis Centre	416-929-5200
Mental Health Help Line	1-866-531-2600
Ontario Drug and Alcohol Help Line	1-800-565-8603
Toronto Senior Helpline	416-217-2077 Monday-Friday: 9am-8pm Saturday-Sunday/Holidays: 9am-6pm
Senior Safety Line	1-866-299-1011
Elder Abuse Prevention	
Elder Abuse Divisional Policing Support	416-808-0130
Family Services of Toronto	416-595-4049
Pat's Place (<i>apartment in a secure location in Toronto</i>)	416-595-9618
Geriatric Programs	
Regional Geriatric Programs	www.rgptoronto.ca/services
Geriatric Services Map	www.rgptoronto.ca/services/map
Memory Clinics Directory	www.rgptoronto.ca/wp-content/uploads/2018/04/Memory-Clinics-Directory_August-2018.pdf
Additional Information Regarding Geriatric Services	
<p><u>Geriatric Outreach Teams</u> Comprehensive geriatric assessment (CGA) in the older adult's home or long-term care home are conducted by one or two healthcare professionals in geriatric medicine, nursing, social work, psychiatry, physiotherapy, or occupational therapy. Other health professionals may be involved if needed. They work collaboratively with other healthcare providers to facilitate linkages/referrals and assist in their implementation.</p> <p><u>Geriatric Outpatient Clinics</u> Clinics led by geriatricians, who provide a comprehensive geriatric assessment, care planning, and treatment. They work collaboratively with other healthcare providers, including primary care practitioners, to provide holistic care</p> <p><u>Geriatric Day Hospitals</u> Programs that are recommended for frail older adults living in the community who need to improve their functional ability following discharge from hospital or who are at risk of a hospital admission because of complexity. Older adults attend the day hospital once or twice a week until their goals are achieved.</p> <p>To find programs and services: www.rpghtoronto.ca/services/map</p>	

This brief guide is intended to provide health information. It does not imply recommendation of any treatment and should not be substituted for the advice of a health care provider.