

# Pain Management

Due to COVID-19, many organizations have changed how they are providing services or may be temporarily closed. Call, or check the service website, for additional information.

Resource	Information	Contact
Allevio	Specializing in back pain, sciatica, neck pain, neuropathic pain and headaches	647-478-8462 <a href="http://www.allevioclinc.com">www.allevioclinc.com</a>
CAMH Interprofessional Pain and Addiction Recovery Clinic (IPARC)	Assists those who are experiencing an established chronic pain condition along with an aberrant use of dependence on substances	416-583-4685 <a href="http://www.camh.ca/en/you-care/programs-and-services/interprofessional-pain-and-addiction-recovery-clinic-iparc">www.camh.ca/en/you-care/programs-and-services/interprofessional-pain-and-addiction-recovery-clinic-iparc</a>
MyoMedical MD	Provides pain injections, techniques using topical or infiltrative anesthesia, and ring blocks	416-364-4052 <a href="mailto:booking@myomedicalmd.com">booking@myomedicalmd.com</a> <a href="http://www.myomedicalmd.com/pain-management/">www.myomedicalmd.com/pain-management/</a>
South Riverdale	Physiotherapy covered by OHIP; <u>physician referral required</u>	416-461-2493 <a href="http://www.srchc.ca/programs/primary-health/physiotherapy/">www.srchc.ca/programs/primary-health/physiotherapy/</a>
Toronto General Hospital	Hyperbaric medicine unit – hyperbaric oxygen therapy; <u>physician referral required</u>	416-340-4481 <a href="http://www.uhn.ca/Surgery/Treatments_Procedures/Hyperbaric_Medicine_Unit">www.uhn.ca/Surgery/Treatments_Procedures/Hyperbaric_Medicine_Unit</a>
Wasser Pain Management Centre (Mount Sinai Hospital)	Provides patient care, education, and research in the area of chronic disabling pain disorders; <u>physician referral required</u>	416-586-4800 <a href="http://www.mountsinai.on.ca/care/pain-management-clinic/">www.mountsinai.on.ca/care/pain-management-clinic/</a>

This brief guide is intended to provide health information. It does not imply recommendation of any treatment and should not be substituted for the advice of a health care provider.