**Provincial & General Services**

Due to COVID-19, many organizations have changed how they are providing services or may be temporarily closed. Call, or check the service website, for additional information.

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<td><strong>PROVINCIAL SERVICES</strong></td>
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| Alliance for Healthier Communities | [www.allianceon.org](http://www.allianceon.org)  
Includes services on- and off-reserve, offering primary health care services, some mental health services and traditional healing services with traditional healers |
| Indigenous Friendship Centers | [www.ofifc.org/programs/](http://www.ofifc.org/programs/)  
“Community hubs” where Indigenous people can access culturally-based programs and services that extend from health to family support, employment, healing, and wellness |
Facilitates and coordinates activities to address the holistic needs of the Metis Nation in Ontario |
| Ontario Aboriginal HIV/AIDS Strategy | [www.oahas.org](http://www.oahas.org)  
Advocates for Indigenous Canadians with HIV/AIDS, HIV/AIDS education and training to Indigenous organizations, health promotion and outreach services, referrals and assistance obtaining services |
| Tungasuvvingat Inuit | [www.tionontario.ca/programs](http://www.tionontario.ca/programs)  
Includes social support, cultural activities, counselling and crisis intervention |
| **GENERAL SERVICES** | |
| Metis Nation of Toronto | 416-977-9881 / 1-800-263-4889  
[www.metisnation.org](http://www.metisnation.org)  
Services offered include problem gambling prevention program, pre- and postnatal programs, support services and employment support |
| Native Canadian Centre of Toronto | 416-964-9087  
[www.ncct.on.ca/programs](http://www.ncct.on.ca/programs)  
Services offered include outreach to Indigenous seniors and people with disabilities in the Greater Toronto Area, cultural and recreational services, food services, harm reduction services for youth including transitional housing, drop-in, case management and counselling, cultural programming |
| Peel Aboriginal Network | 905-712-4726  
[www.peelaboriginalnetwork.com](http://www.peelaboriginalnetwork.com)  
Provides cultural programming, monthly appointments with an Elder, food bank, housing, employment and legal support |
| Toronto Council Fire Native Cultural Centre | 416-360-4350  
[www.councilfire.ca](http://www.councilfire.ca)  
Services offered include healing and wellness programs, meal programs, food bank, counselling, referrals, self-help groups, gathering place, cultural programs, Elder visits, parent groups, prenatal nutrition and individual support for youth |

This brief guide is intended to provide health information. It does not imply recommendation of any treatment and should not be substituted for the advice of a health care provider.