

# Virtual Addiction Outpatient Groups

Due to COVID-19, many organizations have changed how they are providing services or may be temporarily closed. Call, or check the service website, for additional information.

RESOURCE	INFORMATION	CONTACT
Elizabeth Fry Toronto	Outpatient Program: psychoeducational, trauma-informed and harm reduction approach restricted to women in conflict with the law. Average of 8-12 group or individual sessions	416-924-3708 ext. 249 1-855-924-3708 ext. 249
Gerstein Crisis Center	Wellness and Recovery programs, education and training workshops. Groups moved to online platform via Zoom. <b>*Call to confirm which programs are available</b>	416-929-5200 <a href="http://www.gersteincentre.org">www.gersteincentre.org</a>
Jean Tweed Centre	Intensive Online Program: virtual program for women with substance use and/or gambling concerns via Zoom and OTN  3 weeks in length with a commitment of approximately 3 hours/day (Mon-Fri), includes individual counselling, workshops, discussion groups and at home practice/workbook activities	<u>Intake Department:</u> Nicole: 416-255-7359 ext. 227 Kandice: 416-255-7359 ext. 243  Sabrina: 416-255-7359 ext. 248 (For those living outside the GTA)  <u>Gambling Support:</u> 416-255-7359 ext. 239  <u>Individualized Counselling Program (4-6 months):</u> 416-255-7359 ext. 227 and 243  <u>Criminal Justice Supports:</u> 416-255-7359 ext. 285 416-605-8735  Pregnant and Parenting Women: Marcy McGaw: 416-802-9469 <a href="mailto:Marcymcgaw@jeantweed.com">Marcymcgaw@jeantweed.com</a>  Parenting Support: <a href="mailto:tashapalmar@jeantweed.com">tashapalmar@jeantweed.com</a>  Addictions Supportive Housing Program: Kaela McCarney: <a href="mailto:kaelamccarney@jeantweed.com">kaelamccarney@jeantweed.com</a>
Oasis Addiction Recovery	Relapse Prevention Group (via Zoom) no registration required, no cost	Via Zoom on Wednesday @1:30-2:30pm  Meeting ID: 93490996955 Password: 352432
Renascent	Virtual outpatient services and support programs include intensive outpatient addiction treatment and counselling, pre-admission support groups, family and children's programs, continuing care programs and alumni support groups	1-844-340-8765 <a href="mailto:info@renascent.ca">info@renascent.ca</a>  <u>Essential Family Care Program:</u> Jennifer Bell: 437-889-0780 ext. 4012

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		<a href="http://www.renascent.ca/virtual-addiction-treatment">www.renascent.ca/virtual-addiction-treatment</a>
Sunnybrook Health Sciences Centre	Peer Support Group offered through Sunnybrook RAAM clinic held virtually on Monday from 6:30pm-8:30pm	<a href="mailto:raamclinic@sunnybrook.ca">raamclinic@sunnybrook.ca</a> 416-480-6736
<b>OUTPATIENT DAY PROGRAMS</b>		
Humber River Hospital – Day Program	4-week program offering virtual groups (Tues & Thurs 10-11), in-person groups (Mon, Wed, Fri 10-11); referral required	416-242-1000 ext. 43000
St. Michael's Hospital – Day Program	8-week outpatient addiction recovery program, flexible attendance options, runs 3 days a week (virtual only)	Coordinated Access: 1-855-505-5045 416-530-6141