Request for X-Ray/Ultrasound  Humber River Hospital 1235 Wilson Ave. LEVEL 2 EAST Toronto, ON M3M 0B2  Phone 416-242-1000 Ext. 63311 Fax 1-855-932-1264  Appt. DateAppt. Time		Patient Information Name	
			Sex 🗆 M 🗆 F
		Address	
			PC
X-Ray - No Appointment Needed Unless			0.1
Head and Neck	Chest and Abdome	n	Spine
☐ Skull	☐ Chest PA-Lat		☐ Cervical
☐ Orbits	☐ R ☐ L Ribs (Incl. PA Chest)		☐ Thoracic
□ Nasal Bones	☐ Sternum		Lumbar
☐ Facial Bones	☐ Sternoclavicular Joints ☐ Abdomen KUB (1 View)		☐ SI Joints
☐ Panorex ☐ Soft Tissue Neck	☐ Abdomen Series (3 Views)		□ Sacrum
□ Soft Tissue Neck	Li Abdomen Series (3 Views)		☐ Coccyx ☐ Scoliosis PA
			☐ Scoliosis PA-Lat
			Li dedilosis i 74-Lat
Upper Extremities	Lower Extremities		Special Tests
□ R □ L Clavicle	□ Pelvis		☐ Skeletal Survey (Metastases)
□ R □ L Acromioclavicular Joints	☐ 3 Foot Standing - Hips to Ankles		☐ Skeletal Survey (Arthritis)
□ R □ L Scapula	☐ R ☐ L Hip (Incl. Pelvis)		(Dec Americator and Only)
□ R □ L Shoulder □ R □ L Humerus	□R□L Femur □R□L Knee		(By Appointment Only)  ☐ Upper GI Series
	☐ R ☐ L Tibia and Fibula		☐ Barium Swallow
□R □L Forearm	□ R □ L Ankle		☐ Small Bowel Follow Thru
□R □L Wrist	□ R □ L Calcaneus		☐ Nerve Block (Side/Levels)
□ R □ L Scaphoid	□R □L Foot		☐ Facet Block (Side/Levels)
□R □L Hand	□R □L Toe 1 2 3 4 5		☐ Joint Injection (Specify)
□ R □ L Finger 1 2 3 4 5			
Ultrasound - By Appointment Only			
General	Vascular		Musculoskeletal
☐ Abdomen	☐ Bilateral Carotid Arteries		□ R □ L Shoulder
☐ Pelvis	☐ Abdominal Aorta		□R□L Elbow
☐ Thyroid	☐ Bilateral Arm Arteries		□ R □ L Wrist
□ Neck	☐ Bilateral Arm Veins		□ R □ L Hand
☐ Prostate	☐ Bilateral Leg Arteries		□R□L Hip
☐ Scrotum ☐ Soft Tissue (Specify)	□ R □ L Leg Veins		□ R □ L Knee □ R □ L Achilles Tendon
🗆 Soft Tissue (Specify)			□ R □ L Ankle
			□R□L Foot
Obstatuiant	Consist Tests		
Obstetrical	Special Tests		Supplementary Information
Obstetrical  □ < 16 Weeks □ 16-20 Weeks □ > 20 Weeks □ High Risk Pregnancy	☐ Paediatric Head		Height cm Weight kg
☐ 16-20 Weeks ☐ > 20 Weeks	☐ Paediatric Hips (> 6 Weeks Old)		Table Weight Limit is 227 kg/500 lbs
☐ High Risk Pregnancy	☐ Thyroid Biopsy		☐ Y ☐ N Taking Blood Thinners
	☐ Prostate Biopsy	a aif ()	☐ Y ☐ N Allergies
☐ Biophysical Profile  Other Test Not Listed	☐ Organ Biopsy (Spe	ecily)	
Other Test Not Listed			Referring Doctor Information
			Name (PRINT)
			Address
Clinical Information			City PC
			Phone
			Signature

INCOMPLETE, ILLEGIBLE AND/OR UNSIGNED REQUISITION FORMS WILL BE RETURNED

Billing #

## **Ultrasound Preparations**

#### Abdomen (Approximately 30 min)

Do not eat solid food for 8 hours before your test. Small amounts of clear fluids are allowed (ie., water, juice, black coffee/tea). You must eat a fat free dinner the night before your test (ie., skinless chicken, lean meats, no oily fish, no fried foods, no dairy products).

## Pelvis (Approximately 30 min)

Drink 32-48 oz (4-6 cups) of water 1 hour before your test. Do not empty your bladder.

# Abdomen and Pelvis, Same Visit (Approximately 45-60 min)

Do not eat solid food for 8 hours before your test. You must eat a fat free dinner the night before your test (ie., skinless chicken, lean meats, no oily fish, no fried foods, no dairy products). Drink 32-48 oz (4-6 cups) of water 1 hour before your test. Do not empty your bladder.

## **Prostate** (Approximately 30 min)

You must purchase Fleet Enema from a pharmacy and follow the instructions included with the product. Start using Fleet Enema 2 hours before your appointment time. Drink 32-48 oz (4-6 cups) of water 1 hour before your test. Do not empty your bladder. Additional instructions will be provided if you are scheduled for a prostate biopsy.

## Biopsy (Up to 2 hours)

Specific instructions will be provided for the biopsy being performed.

## X-Ray Preparations

#### Upper GI/Barium Swallow (Approximately 15-45 min)

Nothing to eat or drink 8 hours before your test.

# Small Bowel Follow Thru (Up to 5 hours)

Nothing to eat or drink 8 hours before your test.

## **Barium Enema** (Approximately 1 hour)

You must purchase a bowel preparation, such as CoLyte, from a pharmacy and follow the instructions included with the product. You must only have clear fluids for the entire day before your test as well as on the day of your test.

# **Special Tests Preparations**

## **Joint Injection** (Approximately 45 min)

No preparation is required. If the joint being injected is below the waist you must bring a driver with you to take you home after your procedure. If you are taking blood thinners, please consult with your family doctor about stopping these medications before your appointment date.

#### Nerve Root Block/Facet Block (Up to 2 hours)

Do not take pain medications on the day of your test. You must bring a driver with you to take you home after your procedure. If you are taking blood thinners, please consult with your family doctor about stopping these medications before your appointment date.

No preparation is required for tests not listed above.

Please bring this form, your health card, and photo ID along with you to your appointment.

Test times do not include the time you may be in the waiting room before your test.

The Medical Imaging Department is located on the east side of the hospital on Level 2. Enter the hospital through the East Entrance after parking your vehicle in the East Parkade, or through Portal of Care A on the south side of the hospital if you are being dropped off. Take the East Outpatient Elevators to Level 2 and turn left after exiting the elevator lobby.

For your safety and to help make your visit easier, please remember to bring any assistive devices (eg., cane, walker, wheelchair, Hoyer lift sheet in place, etc.) along with you to the hospital.

Please call 416-242-1000 Ext. 63311 if you have any questions.