Humber River			
Request for X-Ray/Ultrasound		Patient Information	
Humber River Health		Name	
1235 Wilson Ave. LEVEL 2 EAST			VC
Toronto, ON M3M 0B2			Vo Sex 🗆 M 🗆 F
<i>Phone</i> 416-242-1000 Ext. 63311 <i>Fax</i> 1-855-932-1264		Address	
		City	PC
Appt. Date Appt. Time		Phone	
X-Ray - No Appointment Needed Unless Head and Neck		-	Spine
	Chest and Abdomer	1	Spine
	□ R □ L Ribs (Incl. PA Chest)		
	□ Sternum		
Facial Bones	Sternoclavicular Joints		□ SI Joints
	Abdomen KUB (1)		
□ Soft Tissue Neck	□ Abdomen Series (3	3 Views)	
			□ Scoliosis PA-Lat
Upper Extremities	Lower Extremities		Special Tests
🗆 R 🗆 L Clavicle	□ Pelvis		□ Skeletal Survey (Metastases)
R L Acromioclavicular Joints	🗆 3 Foot Standing - H		□ Skeletal Survey (Arthritis)
🗆 R 🗆 L Scapula	□ R □ L Hip (Incl.	Pelvis)	
□ R □ L Shoulder	□ R □ L Femur		(By Appointment Only)
□ R □ L Humerus	🗆 R 🗆 L Knee		Upper GI Series
□ R □ L Elbow	□ R □ L Tibia and	Fibula	□ Barium Swallow
□ R □ L Forearm	□ R □ L Ankle		Small Bowel Follow Thru
□ R □ L Wrist	🗆 R 🗆 L Calcaneu	S	Nerve Block (Side/Levels)
🗆 R 🗆 L Scaphoid	🗆 R 🗆 L Foot		Facet Block (Side/Levels)
	□R□L Toe 1	2345	□ Joint Injection (Specify)
□ R □ L Finger 1 2 3 4 5	□R□L Toe 1	2 3 4 5	
□ R □ L Finger 1 2 3 4 5 Ultrasound - By Appointment Only		2 3 4 5	□ Joint Injection (Specify)
□ R □ L Finger 1 2 3 4 5	Vascular		□ Joint Injection (Specify)
□ R □ L Finger 1 2 3 4 5 <i>Ultrasound - By Appointment Only</i> <i>General</i> □ Abdomen	<b>Vascular</b> □ Bilateral Carotid Ar		□ Joint Injection (Specify) <i>Musculoskeletal</i> □ R □ L Shoulder
□ R □ L Finger 1 2 3 4 5 <i>Ultrasound - By Appointment Only</i> <i>General</i> □ Abdomen □ Pelvis	Vascular □ Bilateral Carotid Ar □ Abdominal Aorta	teries	□ Joint Injection (Specify) <i>Musculoskeletal</i> □ R □ L Shoulder □ R □ L Elbow
□ R □ L Finger 1 2 3 4 5 Ultrasound - By Appointment Only General □ Abdomen □ Pelvis □ Thyroid	Vascular □ Bilateral Carotid Ar □ Abdominal Aorta □ Bilateral Arm Arter	teries	□ Joint Injection (Specify) <i>Musculoskeletal</i> □ R □ L Shoulder □ R □ L Elbow □ R □ L Wrist
□ R □ L Finger 1 2 3 4 5 Ultrasound - By Appointment Only General □ Abdomen □ Pelvis □ Thyroid □ Neck	Vascular Bilateral Carotid Au Abdominal Aorta Bilateral Arm Arter Bilateral Arm Veins	teries ies	□ Joint Injection (Specify) Musculoskeletal □ R □ L Shoulder □ R □ L Elbow □ R □ L Wrist □ R □ L Hand
□ R □ L Finger 1 2 3 4 5 Ultrasound - By Appointment Only General □ Abdomen □ Pelvis □ Thyroid □ Neck □ Prostate	Vascular Bilateral Carotid Au Abdominal Aorta Bilateral Arm Arter Bilateral Arm Veins Bilateral Leg Arteri	teries ies s es	□ Joint Injection (Specify) Musculoskeletal □ R □ L Shoulder □ R □ L Elbow □ R □ L Wrist □ R □ L Hand □ R □ L Hip
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□ R □ L Finger 1 2 3 4 5 Ultrasound - By Appointment Only General □ Abdomen □ Pelvis □ Thyroid □ Neck □ Prostate □ Scrotum	Vascular Bilateral Carotid Au Abdominal Aorta Bilateral Arm Arter Bilateral Arm Veins Bilateral Leg Arteri	teries ies s es	Joint Injection (Specify)  Musculoskeletal  R L Shoulder  R L Elbow  R L Elbow  R L Hand  R L Hand  R L Hip  R L Knee  R L Achilles Tendon  R L Ankle  R L Foot  Supplementary Information
□ R □ L Finger 1 2 3 4 5 Ultrasound - By Appointment Only General □ Abdomen □ Pelvis □ Thyroid □ Neck □ Prostate □ Scrotum □ Soft Tissue (Specify)	Vascular Bilateral Carotid An Abdominal Aorta Bilateral Arm Arter Bilateral Arm Veins Bilateral Leg Arteri R L Leg Veins Special Tests Paediatric Head	rteries ies s es s	Joint Injection (Specify) Joint Injection (Specify) Supplementary Information Joint Injection (Specify) Joint Injection (Specify) Musculoskeletal Supplementary Information Height cm Weight kg
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INCOMPLETE, ILLEGIBLE AND/OR UNSIGNED REQUISITION FORMS WILL BE RETURNED

Form # 000103, version (01-2023)



#### **Ultrasound Preparations**

#### <u>Abdomen</u> (Approximately 30 min)

Do not eat solid food for 8 hours before your test. Small amounts of clear fluids are allowed (ie., water, juice, black coffee/tea). You must eat a fat free dinner the night before your test (ie., skinless chicken, lean meats, no oily fish, no fried foods, no dairy products).

#### Pelvis (Approximately 30 min)

Drink 32-48 oz (4-6 cups) of water 1 hour before your test. Do not empty your bladder.

## Abdomen and Pelvis, Same Visit (Approximately 45-60 min)

Do not eat solid food for 8 hours before your test. You must eat a fat free dinner the night before your test (ie., skinless chicken, lean meats, no oily fish, no fried foods, no dairy products). Drink 32-48 oz (4-6 cups) of water 1 hour before your test. Do not empty your bladder.

## Prostate (Approximately 30 min)

You must purchase Fleet Enema from a pharmacy and follow the instructions included with the product. Start using Fleet Enema 2 hours before your appointment time. Drink 32-48 oz (4-6 cups) of water 1 hour before your test. Do not empty your bladder. Additional instructions will be provided if you are scheduled for a prostate biopsy.

## Biopsy (Up to 2 hours)

Specific instructions will be provided for the biopsy being performed.

## **X-Ray Preparations**

## Upper GI/Barium Swallow (Approximately 15-45 min)

Nothing to eat or drink 8 hours before your test.

## <u>Small Bowel Follow Thru</u> (Up to 5 hours)

Nothing to eat or drink 8 hours before your test.

#### Barium Enema (Approximately 1 hour)

You must purchase a bowel preparation, such as CoLyte, from a pharmacy and follow the instructions included with the product. You must only have clear fluids for the entire day before your test as well as on the day of your test.

#### **Special Tests Preparations**

# Joint Injection (Approximately 45 min)

No preparation is required. If the joint being injected is below the waist you must bring a driver with you to take you home after your procedure. If you are taking blood thinners, please consult with your family doctor about stopping these medications before your appointment date.

#### Nerve Root Block/Facet Block (Up to 2 hours)

Do not take pain medications on the day of your test. You must bring a driver with you to take you home after your procedure. If you are taking blood thinners, please consult with your family doctor about stopping these medications before your appointment date.

No preparation is required for tests not listed above.

Please bring this form, your health card, and photo ID along with you to your appointment.

Test times do not include the time you may be in the waiting room before your test.

The Medical Imaging Department is located on the east side of the hospital on Level 2. Enter the hospital through the East Entrance after parking your vehicle in the East Parkade, or through Portal of Care A on the south side of the hospital if you are being dropped off. Take the East Outpatient Elevators to Level 2 and turn left after exiting the elevator lobby.

For your safety and to help make your visit easier, please remember to bring any assistive devices (eg., cane, walker, wheelchair, Hoyer lift sheet in place, etc.) along with you to the hospital.

Please call 416-242-1000 Ext. 63311 if you have any questions.