

**Do you identify as 2SLGBTQ+, Black, Indigenous or Person of Colour and need addiction support?**

**Across Boundaries**

- Mon–Fri** 8am–8pm 416-787-3007
- Sat** 10am–6pm 51 Clarkson Ave, York, ON M6E 2T5 (Castlefield & Caledonia)

**Black Creek Community Health Centre**

- Women 18+** 416-249-8000
- Thurs** 11am–1pm 2202 Jane St, Unit 5 (Jane & Wilson)

**Any gender**

- Tues–Thurs** 1:30pm–3:30pm  
5:30pm–8pm

**Yorktown Family Services**

Age: 12–29

- Tues** 4:30pm–6:30pm
- Self Referral:** Ren Dowuona (They/Them) ren@yorktownfamilyservices.com
- West Toronto Youth Hub:** Chantal Sénéchal 416-645-7575 ext. 2054
- 1541 Jane Street, North York, ON M9N 2R3 (Jane St & Denison Rd West)



**If you are experiencing a mental health OR addiction crisis, please call one of the following:**

**988  
1-888-777-0979  
911**

[www.nwtoht.ca](http://www.nwtoht.ca)



**Substance Use Resources Near You**

The healthcare services contained in this brochure have been selected because they are easy to access, have real people answering your call, offer flexible hours, speak multiple languages and are in your community.

**If you are experiencing a mental health OR addiction crisis, please call one of the following:**

**988  
1-888-777-0979  
911**



**Are you feeling isolated and looking for addiction support?**

Drop into one of these locations:

**Community Place Hub** Age: 18+

- Mon–Wed & Fri** 10am–5pm 416-323-1429
- Thurs** 10am–6:30pm 1765 Weston Rd, York, ON M9N 3P7 (Weston & Lawrence)
- Sun** 10am–3pm

**Across Boundaries** Age: 16+

- Mon–Fri** 8am–8pm 416-787-3007 ext. 222
- Sat** 10am–6pm 51 Clarkson Ave, York, ON M6E 2T5 (Castlefield & Caledonia)

**Black Creek Community Health Centre** Age: 16+

- Tues** 5pm–8pm 416-249-8000
- Fri** 1pm–4pm 2202 Jane St, Unit 5 (Jane & Wilson)
- Wed** 1pm–4pm 1 York Gate Blvd., Suite 202 (Jane & Finch)

**Legend**

- T** Translation available
- V** Virtual offerings available

## Would you like to connect to someone who has been where you are?

Call one of the following peer support programs:

### Progress Place

**V** Age: 18+

#### General Number

- Mon–Fri**  
8am–7pm EST
- Sat, Sun & Holidays**  
2pm–7pm EST
- 416-323-0223

#### Warm Line

- 365 days/year**  
4pm–12am
- 1-888-768-2488
- www.warmline.ca

### Community Place Hub

All Ages

- Sun–Wed & Fri** 9am–5pm
- Thurs** 9am–6:30pm
- 416-323-1429
- 1765 Weston Rd, York, ON M9N 3P7 (Weston & Lawrence)

### Across Boundaries

**T** Age: 15+

- 416-787-3007
- 51 Clarkson Ave, York, ON M6E 2T5 (Caledonia & Castlefield)

### Legend

**T** Translation available

**V** Virtual offerings available

### Black Creek Community Health Centre

**T** All Ages

- Tue–Sat**  
1pm–8pm
- 416-249-8000
- 2202 Jane St, Unit 5 (Jane & Wilson)

### Krasman Centre

**V**

#### General Number

- Daily, 9am–8pm**
- 905-780-0491

#### Warm Line & Peer Crisis Support Services

- 24/7**
- 1-888-777-0979

## Are you experiencing a mental health issue and addiction at the same time?

Call one of the organizations below for help:

### Progress Place

**V** Age: 18+

- Virtually 3x week Sun, Wed, Fri**  
2pm
- 416-323-0223
- Zoom meetings (Virtual)

### CMHA Toronto

**T** **V** Age: 16+

- Mon–Fri**  
9am–5pm
- 416-789-7957
- 700 Lawrence Ave W, Suite #480  
Toronto, ON M6A 3B4  
Lawrence & Dufferin (across the street from Lawrence Ave W Subway Station)

## Would you like to speak to an addictions counsellor?

### Across Boundaries

**T** Age: 15+

- Mon–Fri**  
8am–8pm
- 416-787-3007
- 51 Clarkson Ave,  
York, ON M6E 2T5 (Caledonia & Castlefield)
- Sat**  
10am–6pm

### Black Creek Community Health Centre

**T** Age: 16+

- Mon**  
1pm–8pm
- 416-249-8000
- Tues–Fri**  
9am–5pm
- 2202 Jane St, Unit 5  
Toronto, ON M3M 1A4 (Jane & Wilson)

### Yorktown Family Services

Age: Under 30

- Mon, Thurs**  
11am–4pm
- 416-669-3521
- For general inquiries:  
416-394-2424 Ext 0
- Tues, Wed**  
3pm–8pm
- Fri**  
10:30am–3:30pm
- 2010 Eglinton Avenue West, Suite 300, York, ON M6E 2K3 (Dufferin St & Eglinton Ave W)
- Sat**  
10am–2pm

## Do you need help with safe withdrawal from a substance(s)?

Visit the following clinic for help:

### Addiction Services Central Ontario

**V** **T** Age: 18+

- 12pm–4pm
- Walk-ins accepted before 3:00pm
- 905-841-7007, ext. 322
- 5th Floor  
Mental Health and Addiction Outpatient  
1235 Wilson Ave, Toronto, ON M3M 0B2

## Are you looking for help to use safer?

Call the following organization:

### Black Creek Community Health Centre

**T** Age: 16+

- Mon–Sat** 9am–5pm
- 416-246-2388
- 2202 Jane St, Unit 5, Toronto, ON M3M 1A4 (Jane & Wilson)