

# Meet Dacian

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My name is Dacian (day-sea-an) and I've been a volunteer at Humber River Health (Humber) for almost 2 years. Currently, I play an active role as a volunteer in the Fractures and Plastics Clinic.



## **What skills or experiences have you gained at Humber that have helped you grow in your career?**

Volunteering at Humber has been a transformative experience, shaping both my personal and professional growth. I've gained essential skills like interpersonal communication, critical thinking, and adaptability, all while navigating diverse roles within the Hospital. Each interaction—whether with patients, staff, or fellow volunteers—has reinforced the importance of empathy, resilience, and flexibility in a fast-paced healthcare environment. These experiences have not only deepened my passion for public health, but have also given me a lifelong commitment to making meaningful connections and driving positive change in the field.

## **How do you feel you contribute to Humber's overall vision of Lighting New Ways in Healthcare?**

Contributing to Humber's vision of Lighting New Ways in Healthcare is an honour! Being part of a team that prioritizes innovation, patient-centered care, and inclusivity has deepened my passion for public health. Every interaction with patients and staff reinforces the importance of compassion, adaptability, and forward-thinking solutions in shaping the future of healthcare, ensuring everyone is heard!

## **What has inspired you most while working at Humber?**

Volunteering at Humber has been incredibly inspiring and has deepened my commitment to pursuing a career in public health, with a focus on public policy and law. I love connecting with diverse patients every day, offering a listening ear, and ensuring they feel heard. Hearing firsthand how much this support means to them has reinforced my passion for advocating meaningful change in healthcare and inspired me to actively contribute to shaping those changes.

## **What advice would you give to someone who is just starting in a role at Humber?**

Embrace and enjoy every moment—whether it's a good day or a challenging one. Find joy in the experience, connect with patients, and make a difference with every interaction. A little wisdom to carry with you, from me to you: Sometimes, the simplest moments can be transformed just by offering a listening ear and an open heart.