**Practicum Site Information Sheet**

**Name of site:** Humber River Health

**Supervisor or Contact Person:** Dr. Laura Leong, Psychologist (contact person and co- supervisor in Adult Mental Health); Dr. Raminder Gill (co-supervisor)

**Email:** LLeong@hrh.ca

**Phone:** (416) 242-1000 Ext. 43021

**Address:** 1235 Wilson Ave, Toronto, ON. M3M 0B2

**Type of Practicum offered:**

Adult \_\_ X \_\_

Assessment \_\_\_\_ Intervention \_\_\_\_ Both \_\_X\_\_

**General Information:**

One position is available in the **Adult Outpatient Mental Health** program. The patient populations served at Humber River Hospital are very diverse and often come from vulnerable, marginalized communities in the northwest part of Toronto and parts of York Region.

In the Adult Outpatient Mental Health program, both therapy and assessments are available. The balance of therapy/assessment work will be tailored to the student’s needs and interests. With regard to therapy, with a large outpatient department, students will get individual referrals to see anyone from moderate depression or anxiety to severe mental illness (e.g., psychosis). Patients typically also have comorbid conditions and/or personality disorders. There are many opportunities to run therapy groups (e.g., CBT for mood and anxiety disorders). Assessments most often involve a mixture of cognitive, diagnostic, and personality components. Students will learn how to do complicated case conceptualizations and formulations and write detailed psychological reports. Learning to work in a multidisciplinary team (e.g., with psychiatry, nursing, social work, occupational therapy) in a public hospital setting is a key part of this experience. Shadowing opportunities are also available in the Emergency Department and the Inpatient Mental Health unit. This rotation is available **2 days per week, on-site only, 8:30-4:30pm**, with flexibility on which two days are selected.

The site is TTC accessible (the Wilson bus goes west to Keele from Wilson Station; the Keele buses run north/south frequently). It is also just off Highway 401.

**Keywords**: Hospital; Outpatient; Multidisciplinary team; psychiatry

**Training/research opportunities:** No research opportunities at this time. There may be program evaluation opportunities as we implement measurement-based care.

**Practicum Application Deadline:** GTA practicum application deadline.

**Application procedure:** Please e-mail your cover letter and CV to Dr. Laura Leong at LLeong@hrh.ca; additionally, please have **two** referees send a letter **directly**. If this would be your *final practicum before internship,* it would be helpful for you indicate that in your cover letter. Interviews with selected applicants occur in February of each year and we will follow the GTA practicum rules for notification.

*Last Updated*: November 2024