

PRACTICUM SITE INFORMATION SHEET

Name of Site: Humber River Health

Supervisors: Dr. Laura Leong, Dr. Raminder Gill

Contact Information: LLeong@hrh.ca, (416) 242-1000 Ext. 43084

Program Information:

One to two positions are available in the Adult Outpatient Mental Health program. The patient populations served at Humber River Hospital are very diverse and often come from vulnerable, marginalized communities in the northwest part of Toronto. Opportunities for both assessment and intervention are available, with the specifics tailored to the student's needs and interests.

With regard to therapy, with a large outpatient department, students will get individual referrals to see anyone from moderate depression or anxiety to severe mental illness (e.g., psychosis). Patients often also have comorbid conditions and/or personality disorders. There are many opportunities to run therapy groups (e.g., CBT for mood and anxiety disorders). Assessments often involve a mixture of cognitive, diagnostic, and personality components. Students will learn complex case conceptualizations and formulations and will write detailed psychological reports that meet APPIC criteria for Integrated Reports. Learning to work in a multidisciplinary team (e.g., with psychiatry, nursing, social work, occupational therapy) in a public hospital setting is a key part of this experience.

Shadowing opportunities are also available in the Emergency Department and the Inpatient Mental Health unit. In addition to clinical training, psychology staff spend time and attention on promoting professional identity and development, including applying for internship and jobs as a new graduate, work/life balance, and realistic insights into psychology work in public settings.

Benefits of training at Humber River Health:

Exposure to a broad range of complex clinical concerns (e.g., mood and anxiety disorders, trauma, personality disorders, substance use, psychosis); private office space; flexibility in clinical activities based on individual goals; multidisciplinary team.

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Schedule:

This placement is available for a minimum of 2 days per week, on-site only from 8:30a.m. - 4:30 p.m. with flexibility on which two days are selected.

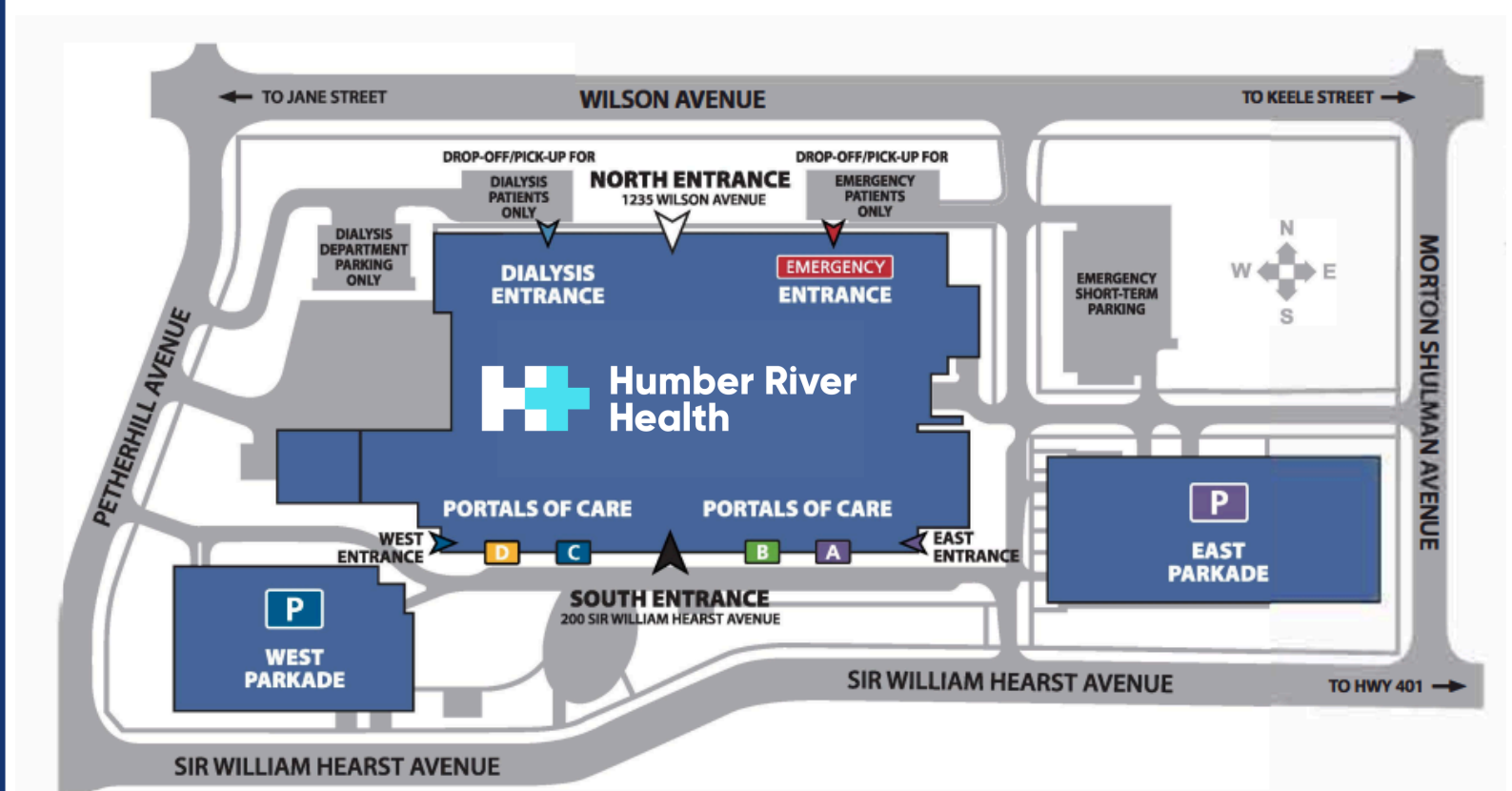
Supervision Details:

Weekly individual supervision scheduled with a licensed psychologist; open-door policy for other issues as they arise.

Likely to co-lead group with social workers who will also be giving support & feedback (but not formal supervision).

Location & Transit:

The site is TTC accessible (the Wilson bus goes west to Keele from Wilson Station; the Keele buses run north/south frequently). It is also just off Highway 401. See map below for more details.



1235 Wilson Ave,
North York ON M3M 0B2

Training & Research

No formal research opportunities. Student will have access to hospital-wide grand rounds, mental health grand rounds, other webinars/seminars as they arise.

Required Application Materials:

Please e-mail your cover letter and CV to Dr. Laura Leong at LLeong@hrh.ca; additionally, please have two referees send a letter directly.

If this would be your final practicum before internship, it would be helpful for you indicate that in your cover letter. Interviews with selected applicants occur in February of each year and we will follow the GTA practicum rules for notification.